

Name of Illness	Date Given	Clinic and phone number	Date Next Dose Due
Hepatitis B (Hep B)			
Diphtheria, Tetanus, Pertussis (Tdap)			
<i>H. influenzae</i> Type b (Hib)			
Polio (IPV)			
Pneumococcal (PCV)			
Measles, Mumps, Rubella (MMR)			
Varicella (VAR)			
Hepatitis A (HepA)			
Human papillomavirus (HPV)			
Meningococcal (MCV4 or MPSV4)			
Zoster			
Influenza (TIV or LAIV)			

Lifetime Immunization Record



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Protect your health!
Protect your family's
health!



Last name:

First Name:

Birthdate:

It's very important to keep this record of your shots (immunizations). Please keep it with your other important documents, like birth certificates. Take it with you every time you visit the doctor or clinic. Ask if your shots are up to date.

HepB protects against hepatitis B

Tdap protects against three diseases, diphtheria, tetanus, and pertussis (whooping cough)

IPV protects against polio

PCV protects against pneumococcal disease (pneumonia)

MMR protects against measles, mumps, and rubella (German measles)

VAR protects against varicella (chickenpox)

HepA protects against hepatitis A

MCV4 or MPSV4 protect against Meningococcal disease (meningitis)

HPV protects against Human papillomavirus which causes genital warts and cervical cancer

Zoster protects against Shingles (painful rash cause by the same virus as chickenpox)

TIV or LAIV protect against influenza and H1N1 (seasonal flu and Swine flu)