

Creating a Migrant Centered Medical Home



A force for health justice for the mobile poor



"The patient-centered medical home is a model for care provided by primary care clinician (change from physician) practices that seeks to strengthen the clinician-patient relationship by replacing episodic care based on illnesses and patient complaints with coordinated care and a long-term healing relationship."

NCQA (www.ncqa.org)

What are the Benefits of PCMH Recognition?

- Indicator of quality of care
- Increase health centers' competitiveness in the marketplace
- Supports health centers' expansion and QI efforts
- Potential increase in future reimbursements
- PCMH pilot/demonstrations projects (CMS, State Medicaid Agency, Health Plans, etc.)

Two pieces of the PCMH puzzle...

NCQA

- Clear criteria
- Expert assistance
- Ongoing support

Primary Care

- Foundation of health system
- First point of contact
- Access to care



PCMH expanded to include

1967

Concept introducted by American Academy of Pediatrics

Health services that are "accessible, accountable, comprehensive, integrated, patient-centered, safe, scientifically valid, and satisfying to both patients and their physicians"

What Defines a Medical Home?

- Personal clinician
- Clinician directed practice
- Whole person orientation
- Coordinated Care
- Quality and safety
- Enhanced access
- Payment



What about patients who move?

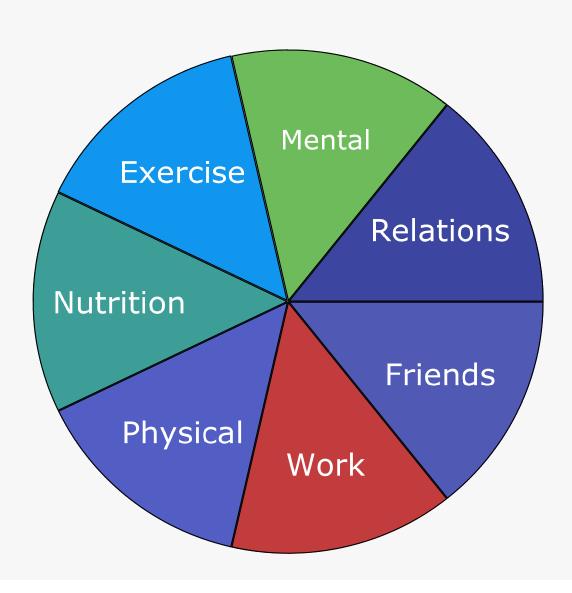
- Personal physician?
- Physician directed medical practice?
- Whole person orientation!
- Care is coordinated and/or integrated!
- Quality and safety!
- Enhanced access!
- Payment for added value work!



Personal Clinician

- Changed in 2011 by NCQA to include NP, PA and CNM providers.
- For mobile patients a team of providers in many locations but "virtually" connected
- Trust
- Consistency of message about your health
- Cultural understanding/ Linguistically appropriate communication

Whole Person Orientation



Coordinated / Integrated Care

Fast

Smooth

Focused

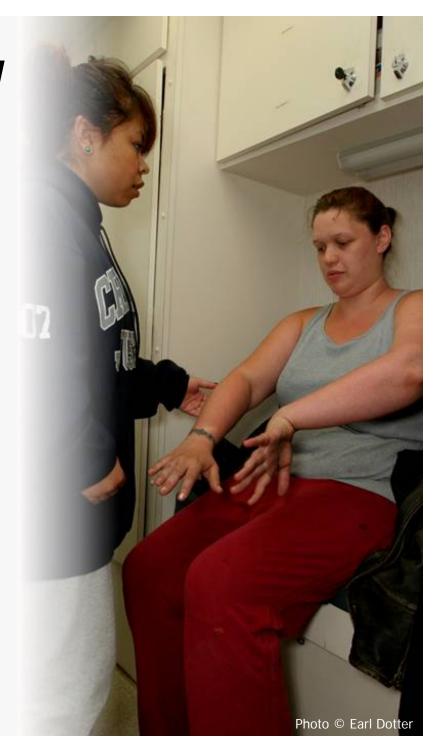
Enhanced Access

- Multiple ways into the home
 - outreach, community health workers/ promotoras; Migrant Voucher programs; mobile clinics
- Robust tracking and follow-up systems, (may need to be "virtual")
- Outreach that goes out!



Payment for Added Value Work

A health care service delivery system that has significantly greater value than current US "fast food health care"



Support for Medical Home

- The National Committee for Quality Assurance released a set of voluntary standards for the recognition of physician practices as medical homes. Updated January 2011
- The New England Journal of Medicine published recommendations for the success of medical homes that included increased sharing of information across health care providers

NCQA 2011 Content and Scoring

- Standard 1: Enhance Access and Continuity
- Standard 2: Identify and Manage Patient Populations
- Standard 3: Plan and Manage Care
- Standard 4: Provide Self-Care and Community Support
- Standard 5: Track and Coordinate Care
- Standard 6: Measure and Improve Performance

PPC-PCMH Content and Scoring

- 6 Standards
 - 2-7 Elements/Standard (28 total with 6 Must Pass Elements)
 - 3-6 Factors (152 total some are Critical factors—need to pass)
- There is a very comprehensive 2 part PowerPoint presentation (150 slides) with detailed instructions on how to complete this survey to qualify

http://www.ncqa.org/tabid/631/default.aspx

PPC-PCMH Content and Scoring

Standard 1: Enhance Access and Continuity

| A. Access During Office Hours | **(4) |
|---|-----------|
| B. Access After Hours | (4) |
| C. Electronic Access | (2) |
| D. Continuity | (2) |
| E. Medical Home Responsibilities | (2) |
| F. Culturally and Linguistically Appropriate Services (| CLAS) (4) |
| G. Practice Organization | (4) |
| | (20) |

SIX MUST PASS Elements

- Access During Office Hours
- Using Data for Population Management
- Self-Care Process
- Referral Tracking and Follow-up
- Care Management
- Implements Continuous Quality Improvement

Rationale for Must Pass Elements

- Identifies critical concepts of PCMH
- Helps focus Level 1 practices on most important aspects of PCMH
- Guides practices in PCMH evolution and continuous quality improvement
- Standardizes "Recognition"



Definitions for Recognition as PCMH

- Factors –A scored item in an element.
- Critical Factors Are identified in the scoring section of the element.
- Explanation Specific requirements that a practice must meet and guidance for demonstrating performance against the factor.
- Examples/Documentation Each factor must be documented.

PPC-PCMH Content and Scoring

| Level of Qualifying | Points | Must Pass Elements at 50% Performance Level |
|------------------------|---------|--|
| Level 3 | *85-100 | 6 of 6 |
| Level 2 | *60-84 | 6 of 6 |
| Level 1 | *35-59 | 6 of 6 |
| Not Recognized | *0-34 | < 6 *Note: These numbers have changed from the 2010 guidelines |

NCQA-PCMH Content and Scoring

- 1,506 sites and 7,677 clinicians (as of 12/31/10) have earned PCMH Recognition nationally
- 525 FQHCs are enrolled in the PCMHHI. (10/12/2011)
- 48 FQHC sites representing 16 Grantees in the PCMHHI are recognized 10 at Level 1 and 38 at Level 3.
- 146 FQHC sites recognized by NCQA external to the PCMHHI (10/12/2011)
- 242 Grantees have submitted NOIs which represents (786 FQHC sites)
- 904 CHCs have applied for the recent BPHC grant opportunity to fund work on PCMH (10/12/2011)

(total 1,314 Organizations with 8,100 sites)

PCMH 2011 and Meaningful Use

| PCMH closely aligned with MU | Associated PCMH 2011 Standard |
|---|--|
| 1. Electronic prescribing | 1. 3E: Use Electronic Prescribing |
| 2. Drug formulary, drug-drug, | 2. 3E: Use Electronic Prescribing drug allergy checks |
| 3.Maintaining an up-to date Problem list/med list | 3.2B: Clinical Data Problem list of current and active diagnoses and medications |
| 4. Recording demographics on all patients | 4.2A: Patient Information preferred language gender, race, ethnicity and date of birth |

PCMH 2011 and Meaningful Use

| PCMH closely aligned with MU | Associated PCMH 2011 Standard |
|---|--|
| 5. Recording and charting changes | 5. 2B: Clinical Data in vital signs |
| 6. Recording smoking status | 6. 2B: Clinical Data |
| 7. Reporting ambulatory quality | 7. 6F: Report Data Electronically measures |
| 8. Implementing clinical decision support rules | 8. 3A: Implement Evidence-Based Guidelines |

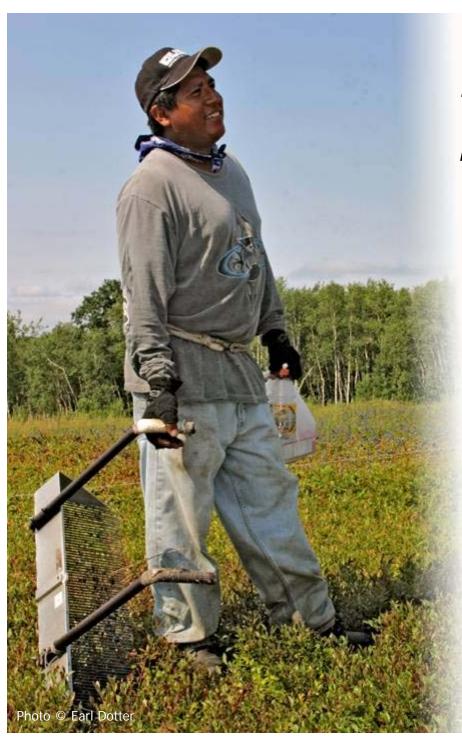
Meaningful Use Incentive Payments

- ■\$27 billion over 10 years, or as much as
 - \$44,000 (through Medicare) only physicians qualify
 - \$63,750 (through Medicaid) Along with physicians, NP, PA, CNM qualify
- Per clinician
- Payments started January 2011

www.nejm.org July 13, 2010

Medical Home for Mobile Patients





Patients on the move need:

- To know where services are located
- To have access to "extended hours" of service
- Transportation services
- Affordable care that often requires advocacy
- Access to their medical records
- Need cultural competent care at every level

Added Components that are required for MHC to provide a medical home

- Outreach (integral part of health care team)
- Case management
- Interpretation
- Translation of all written material in a appropriate literacy level





Added Components that are required for MHC to provide a medical home

- Emphasis on self management of chronic illnesses
- Patient navigation/Case management that may need to be "virtual"

Medical Home is a Team Sport

- Change old habits/delegate/re-assign duties/standing orders/system re-design
- Staff works together for the benefit of the patient
- Use staff to their full potential—push the envelop be innovative
- Listen to the patients—make them an integral member of the team

Standards for PCMH for Migrants

- Cultural and Linguistic Competency
- Outreach to community
- Reliance on Community Health Workers (Promotoras)



Paradigm Shift

- Use of Outreach workers/Promotoras/ Community workers—No longer an "Add on" Enabling Services
- Alternative Practice Models: Migrant Voucher Programs —Need to be part of the Team of Providers
- They are all an integral/essential clinical service delivery component to our health care system and should be covered by appropriate payment system.

PERIOD—END DISCUSSION!!

Paradigm Shift

- Now have window of opportunity to "prove" the value of these services and share our knowledge with the private sector and other partners: But need
 - Data—Data—Data
 - Best practices
 - Innovative practices
 - Examples of Business case
 - Two great National Cooperative Agreement organizations to help you (Health Outreach Partners/Migrant Health Promotion)



Personal Provider and Patient Centered?

- Cannot have both with a migrant farmworker
 - Must be patient centered and therefore develop a "network" of personal providers at possibly several health centers over the course of years.

Standards for PCMH for Migrants

- Cross Borders Tracking (County, State, National)
- Cross Borders Case management and Patient Navigation
- Emphasis on Patient Education/Selfmanagement

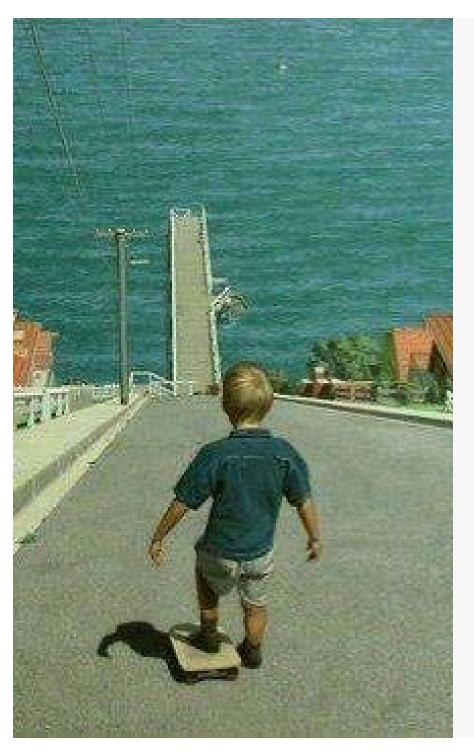


How do we do that?

- EHRs will have to be capable of universal seamless exchange of information (Not gonna happen in near future!)
- Virtual Patient Navigation/Record transfer/Bridge Case-management (MCN's Health Network)
- Migrant Voucher Programs
- More collaboration with other M/CHC (electronic/telemedicine networks), and other partners—health dept. private providers, ERs

EHR

- You have to have one—Do it Smart, Get expert advise—join a network—take full advantage of incentives (meaningful use)
- Use data from population registries to drive Quality Improvement—don't just gather data, but also analysis/evaluate/modify/re-measure
- "I can be a much better family physician if I have an EHR—But an EHR will not make me a better FP"



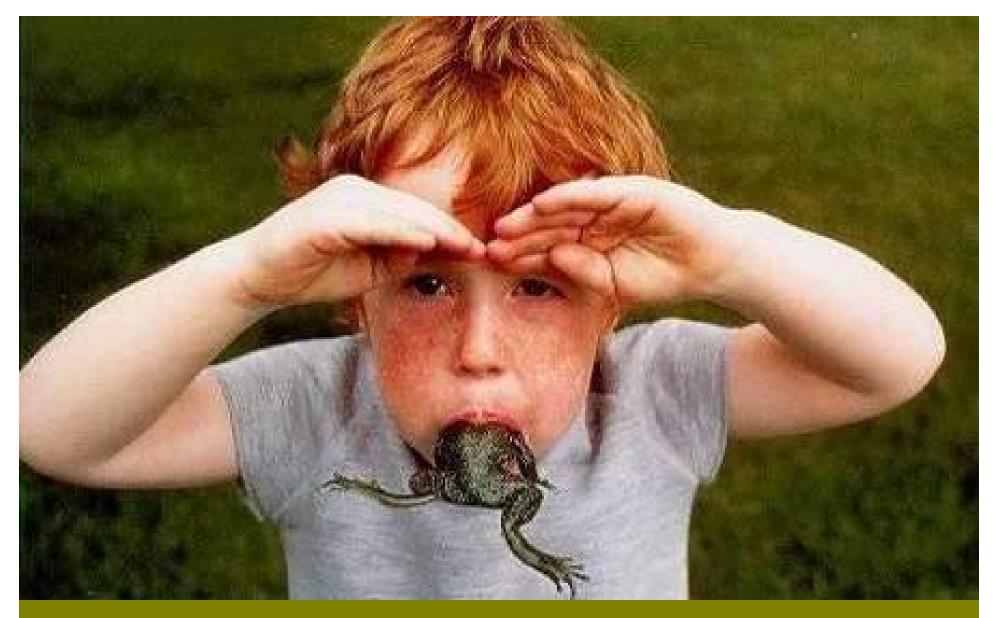
Integration at many levels

- Horizontal—oral health, behavioral health, specialty care
- Vertical—hospital, lab, primary care training programs, private providers

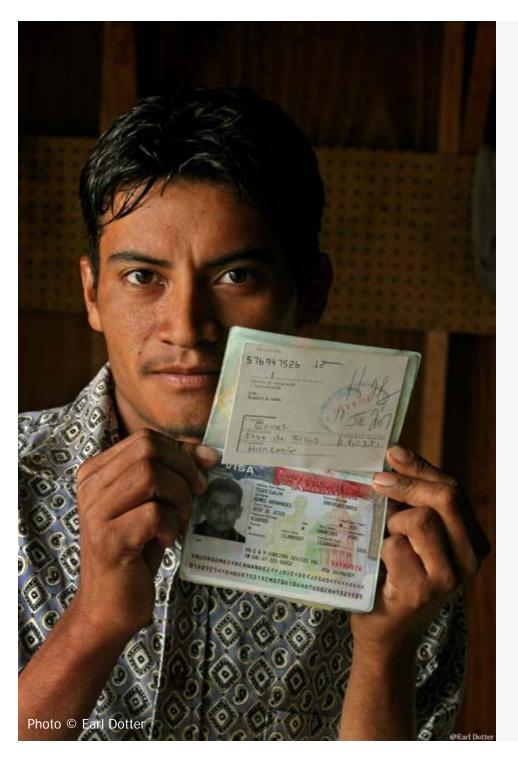
We should be measuring Outcomes not patient Visits

HRSA RESPONSE to GAO Inquiry

"Instead of productivity, BPHC has transitioned to using cost per patient to evaluate efficiency. This measure is consistent with the "medical home" model, as it encourages providers to offer preventive and other services during visits initiated for other purposes."



Payment system must be restructured but the process may not be pretty.



Healthcare / Immigration Reform

Big overlap, link, challenge between these current national issues

Advocacy

- Now more than ever
- If not us then who!?



What is MCN's Health Network?

- Patient Navigation; Medical Record transfer; "Bridge Case-Management Program
- Continuity of care services for mobile populations who cross county, state and national borders for work
- Bridge between mobile patients and their providers no matter where they travel.



What is bridge case management?



Toll-free access

Health education

Ongoing communication

Care coordination services

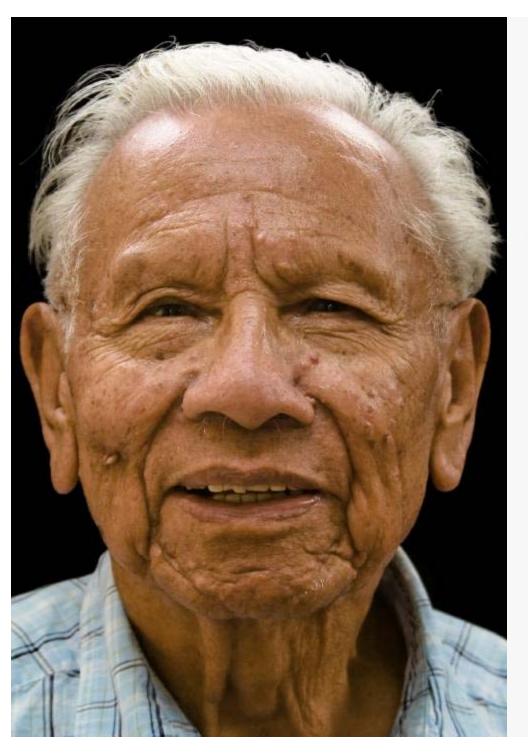
Store & transfer medical records

Expert, bilingual, culturally-competent staff

Health Network as Component of Medical Home

- Personal Primary Care Clinician (Case manager)
 - Trust,
 - consistency of message about your health,
 - cultural understanding,
 - "virtual" face time/translation of message





- Primary CareClinician DirectedMedical Practice
 - Never the provider of record
 - Consistent and repeated presentation of clinician instructions

Whole Person Orientation

- Staff that understands the impact of mobility on health and access to health services
- Staff that assists in navigating complex systems for health care and other support services





- Coordinated/Integrated Care
 - Direct communication with patient or other PHIauthorized person
 - Direct communication with health care provider
 - Consistent triangulation between patient and all providers necessary

Quality and Safety

- Case manager assigned
- Chart audits conducted quarterly to evaluate consistency and quality of service
- Chief Medical Officer and CNM/FNP available on demand for rapid review of cases
- Chief Medical Officer reviews all cases before cases are closed

Enhanced Access

- Personal advocacy by HN Associate to service provider
- Personal knowledge of service providers
- On-going pursuit of service provider contacts

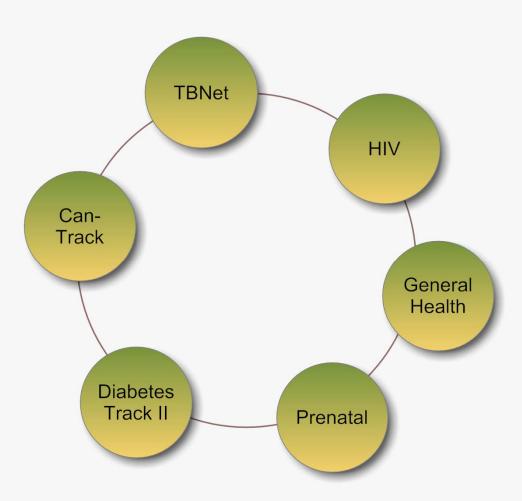


Challenges for Providers and Patients

- Obtaining completion dates
- Reluctance to test or screen for possible health issues
- Reluctance to start patients on treatment
- Support for patients in treatment who are inclined to leave care

Health Network Solutions

- Relays providers with completion dates
- Locates a clinic before a patient moves
- Tracks that patient through follow up and/or completion of treatment
- Provides health education
- Helps assure positive health outcomes
- Decreases overall health care costs



Consent Form

- Gives MCN staff legal permission to transfer participants' medical records and contact participants
- This form must have the participant's signature
- Valid if sent to HN staff within 5 business days of being signed by patient, and remains valid for 24 months from the date signed
- Participants may renew their consent after it expires if they still need assistance

Migrant Clinicions Netszork Paginess Phone: (512) 327-2017 PO Rev 164216 Confidential line (5.12) 327 61711 Austin, Texas 78716 Confidential Phone: (800) 825-8205 ENROLLMENT IN THE MCN HEALTH NETWORK Enrolling Clinic Clinic phone number(s) t-mail address Clinic fax number(s) Contact person at Clinic Patient's city of birth? Security Question #2: Patient's father's first name? Tuberculosis Please indicate the health area's) for which the participant is ☐ Prenatal Care ☐ Seneral Health being enrolled. If the participant's health status changes ☐ Cancer during enrollment in the Health Network, additional areas ☐ Diabetes may be added with the participant's verbal consent. CONSENT FOR RELEASE OF MEDICAL INFORMATION First Name Last Name(s) Alias, Nicknames, Etc. Birth Date (Month / (xy / year) The ties th Metwork currently helps with continuity of care for people I agree to notify my future health care providers of my enrollment in to thinfectious chronic illnesses or other healthcare concerns, (i) MEN's the MCN Health Network to be p facilitate the transfer of my medical alton profit company coordinating my enrollment in the Health Network records. Lunderstand and consent to MCR maintaining records for me at no cost to me; (ii) MCII may not be able to obtain health care containing sensitive health information (examples: IIV status and/or providers that are available to care for my condition at no cost turne; (iii) information about mental health issues) if me bealth care provide the heal in care providers who will be providing my treatment are believes this information is needed for my treatment. Tauthorize MCN independent and not employees or MCN; and [iz] MCN does not provide, and litting health care providers to have access to those medical records and is not responsible for, any local theure to atment, or the note one solthat my health care providers hed are necessary for my medical such treatment, in connection with any or all of the Health Network treatment and/or continued a receing. Authorized individuals from MCN may contact me by phone, mail or in person regarding follow up and referral for my treatment, or these Jazze eto participate in the Health Network, and Lunderstand that my conditions. These individuals will authorize to federally manufacted protected health information and personal information will only be released for the purposes of my medical treatment. healthcare confidentiality, privacy and security procedures. This consent form will operations, payment, or pursuant to my authorization. remain in effect for two years (24 months) from the date signed or unil mic participation in the Dealth Metwork has ended for and her reason. I I do NOI authorize MCN or future health care providers to have access can submit a written request any firme to leave the Health Network or to to my medical records around issue (s) listed here: limit the health issues that MCN is authorized to address. Talso understand that I have a right to receive a copy of my medical records on file with MCN upon written request (attool: at distansharpe & needed) THEREBY RELEASE MON, US EMPLOYEES, OF TORS DIRECTORS, CONSULTANTS, REPRESENTATIVES, STILL ESSORS, AND ASSIGNS LEGISLAND AGAINST ANY AND ALL CLAIMS, CAUSES OF ACTIONS, DAMAGES LOSSES, EXPENSES (INCLUDING A FIGRINGS) TERS), AND BABILLIES OF ANY KIND WHATSOEVER ARISING OUT OF MY ENROLLMENT DUTHE HEALTH NETWORK AND MY HEALTH CARE TREATMENT RESULTING FROM MY ENROLLMENT IN THE HEALTH NETWORK *REQUIRED *PARTICIPANT SIGNATURE Date (or Signature of Legal Representative) Relationship of Legal Witness Signature Representative to Patient We constructed that, whenever possible, you provide the participant with a topy of this Consent for Release of Medical Records and MCM Health Setwork Conditional form when it is completed ENGLISH HIR DUNSENT FORM IS WALID FOR 2 YEARS AFTER DATE OF SIGNATURE Piecese contact us at \$12,327,2917 or every migrantelimician or glastywarks for more information on the MCN Height Meteroris. Page 1 of 2

Patient Information Form

- It is critical to get as much contact information as possible, such as:
 - Home, Cell, work numbers (area codes)
 - E-mail address
 - Friends and family in hometown
 - family member who does not move in US / other countries that often/always knows where they are, etc.
 - person who will take a message for you if we cannot get in touch with you

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|--|----------|---|-----------------------|---|---------------------------------|---------------------------------|------|-------------------|--|---------------------------------|---------------------|------------|-------------|--|
| First Name | | | | | Last Name(s) | | | | | | | | | |
| Mother's Maiden Name | | | | | Birth Date (Month / Day / Year) | | | | | | | | | |
| | City | | | G | ende | er: | | Female | | Male | | - | | |
| Place of birth: | State | | | M | arite | al Status: | _ | Single Married | R | Divorce | 200 | | Other: | |
| | | untry | - 10 | | STORES STOR | | - | | _ | 1333000 | sacross. | | | |
| Race/Ethnicity: | 100 | ☐ White = Non-Hispanic ☐ Asian = Non-Hispanic/ | | | 무 | | | Hispanic/La | the state of the s | | | panic/La | ino | |
| Language(s) Spoken: | | English Spanish | Creol | e | _ | - | | nguage you pre | | | Other: contacted | | inz | |
| Occupation(s) (from past two years): | | Farmwork Homemak Student | aker | | | Construction Factory Child care | | " | | Retired Unemployed Other: | | | | |
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| HOME / CELL / WORK: your pe | | | | e talk to people that answer this p nal health information? (If you do a you do not initial, your process will be ?). | | | | or check off 🔲 No | | | Yes No | *INITIALS: | | |
| OTHER CONTA | er u | NFORMATI | ON FOR PARTI | SEPA | NT (| Place you | ino | rmally coo | re to | li. | | | | |
| | | Street / P.O. | Box | | = | | | City | _ | | | State | Zip/Country | |
| Physical Address | 22 | | | | | | | | | | | | | |
| Mailing Address | | | | | | | | | | | | | | |
| HOME/CELE/WORK: yo | | | your person | s it ok if we talk to people that answer this phyour personal health information? (#you do oc ikber los, or you do not intial your unseer will be "far | | | | | st che | | | Yes No | *INITIALS: | |
| Additional Cont you give MCN per discussing your h | missi | ion to contac | t that family men | ber o | ır frie | end to assi | d yo | u in receivin | gcon | tinued he | alth | care, wi | | |
| First Name | | | Last I | | | | - | | | ship to P | | | | |
| Street / P.O Box | | | City | | | | Staf | e | | Zip/Co | unt | гу | | |
| *PHONE NUMBER (with Area Code) HOME / CELL / WORK: | | | about your | Is it ok if we talk to people that answer this about your personal health information? shock off either box, or you do not lock of, your ones | | | | | ou do | net | _ | Yes No | *INITIALS: | |

Option 1

We Interview:

- 1. Simply have us interview the patient, we explain the program, fill out the forms.
- 2. We will then fax the forms to you to have the patient sign them.*
- 3. Then fax us the signed forms along with the patient's medical records.

^{*} Please be ready to have the patient sign the faxed consent form immediately after an interview.

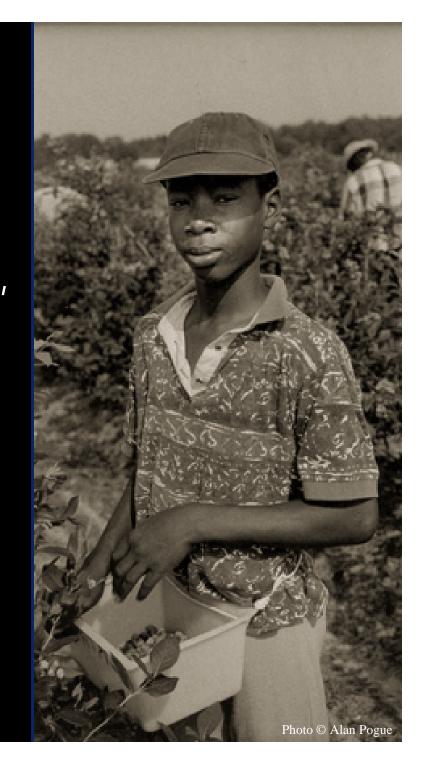
Option 2

You Interview:

- 1. Fill out the information about the patient.
- 2. Have the patient sign the consent form and provide all the contact information (must include phone numbers).
- 3. Fax the signed forms and medical records to Health Network staff

After Enrollment...

- Once consent form received, address will be verified
- HN staff orients the patient
- Obtain more contact information
- HN staff discusses next steps with patient



How do I Start the Process?

- Now Covered by Grant BPHC
- ■NO COST to Health Center
- NO COST to patient
- MCN Staff can provide teleconference training for your staff.
- If you have additional questions about the program, you may also contact Ricardo Garay: 512-579-4508 or rgaray@migrantclinician.org

- Nov 2005 American Cancer Society requests assistance obtaining services for Rosa. She has <u>Cervical Cancer</u> is <u>pregnant</u> has <u>no pre-</u> <u>natal care</u> and <u>no insurance</u>.
- Based on diagnosis, Depo Provera was discontinued without alternative offered.
- Rosa soon became pregnant.
- Treatment for her cervical cancer is not an option during her pregnancy.

- Cancer made pregnancy "High Risk" requiring that she receive care from an ob-gyn physician, rather than through local health department or FP/CNM at a CHC.
- Few providers would care for a high risk pregnant woman without insurance. Rosa's family makes too much to qualify for Medicaid and not enough to pay for insurance. (\$2500 for a family of 4)



- MCN identified local ob-gyn who agreed to see Rosa for \$1200.
- MCN worked to find the funding.
- Harvest of Hope provided \$300 for the first office visit.
- Local church donated \$300 for 2nd visit and \$100 for the ultra sound (MCN negotiated a reduction from \$600).

- Anonymous friend of MCN donated the final \$600 to complete pre-natal care.
- With the help of social worker from the health department, MCN arranged for food and clothing for family and WIC services
- She applied to Medicaid for delivery costs, but was denied and after much negotiations with the hospital charities and others, the bills including the cancer treatment were covered by BCCP.





- Her 3 month post-LEEP procedure Pap smear was normal
- She will be followed closely by Health Network for the next few years

- Yet remaining- Payment for Added Value Work
 - Value added services are geographically constrained
 - Systems of care continue to be viewed as within catchments rather than across catchments



Health Network like a Medical Home is...

- an approach to providing comprehensive primary care...
- that facilitates partnerships between individual patients, and their personal providers

- May allow better access to health care
- Increase satisfaction with care
- Improve health
- Are associated with better health
- Lower overall costs of care, and
- Reductions in disparities in health

References: PCMH and Meaningful Use

- http://www.ncqa.org/tabid/1316/Defaul t.aspx (Site for information on PCMH recognition from National Center Quality Assurance)
- http://bphc.hrsa.gov/policiesregulations/policies/pal201101.html (Site for information on PCMH initiative BPHC)

Contact Us

Health Network telephone:

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800-825-8205 (U.S.)
01-800-681-9508 (from Mexico)
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- Health Network fax: 512-327-6140
- MCN website: http://www.migrantclinician.org/
- If you have additional questions about the program, you may also contact

Ricardo Garay: 512-579-4508 or rgaray@migrantclinician.org



Contact:

www.migrantclinician.org