



**Essential Clinical Issues in Migration Health**  
6 part webinar series



**Part 2**  
**A MEANINGFUL APPROACH TO  
QUALITY CLINICAL IMPROVEMENT**

Presented by:  
**Hans Dethlefs, MD and Ed Zuroweste, MD**

© Jennifer Sanne

**Migrant Clinician Network (MCN) is accredited as an approved provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.**

- ❖ To receive contact hours for this continuing education activity the participant must sign and fill out a sign-in sheet/registration with all requested information and complete a post-activity evaluation.
- ❖ Once successful completion has been verified each participant will receive a letter and certificate of successful completion that details the number of contact hours that have been awarded.
- ❖ The *planning committee members, presenters, faculty, authors, and content reviewers* of this CNE activity have disclosed no relevant professional, personal, or financial relationships related to the planning or implementation of this CNE activity.
- ❖ This CNE activity received no sponsorship or commercial support.
- ❖ This CNE activity does not endorse any products.

For Questions or Additional Information please contact:  
Jillian Hopewell [jhopewell@migrantclinician.org](mailto:jhopewell@migrantclinician.org)

## Disclosure Statement

- *Faculty: Hans Dethlefs, MD and Ed Zuroweste, MD*
- *Disclosure: We have no real or perceived vested interests that neither relate to this presentation nor do we have any relationships with pharmaceutical companies, biomedical device manufacturers, and/or other corporations whose products or services are related to pertinent therapeutic areas.*

3

## Objectives

- Identify common pitfalls health centers encounter related to the clinical quality measures.
- Discuss strategies for assessing a health center's current capacity to engage in meaningful quality improvement.
- Through case studies, evaluate different approaches to clinical quality improvement using the clinical quality measures.



© www.earldotter.com

4

# Health Outcomes and Disparities

Percentage of diabetic patients whose HbA1c levels are < 7 percent, < 8 percent, ≤ 9 percent, or > 9 percent

Percentage of adult patients with diagnosed hypertension whose most recent blood pressure was less than 140/90

Percentage of births less than 2,500 grams to health center patients

5

# Outreach/Quality of Care Indicators

Percentage of pregnant women beginning prenatal care in first trimester

Percentage of children who have received age appropriate vaccines on or before their 3rd birthday

Percentage of women age 21-64 who received one or more tests to screen for cervical cancer

Percentage of patients age 2 - 17 who had a visit during the current year and who had Body Mass Index (BMI) documentation, counseling for nutrition, and counseling for physical activity during the measurement year

6

## Outreach/Quality of Care Indicators

Percentage of patients age 18 years or older who had their Body Mass Index (BMI) calculated at the last visit or within the last six months and, if they were overweight or underweight, had a follow-up plan documented

Patients age 18 and older (1) screened for tobacco use AND (2) received cessation counseling intervention or medication if identified as a tobacco user one or more times in the measurement year or prior year

7

## Outreach/Quality of Care Indicators

Percentage of patients age 18 years and older who were discharged alive for acute myocardial infarction (AMI), coronary artery bypass graft (CABG), or percutaneous transluminal coronary angioplasty (PTCA), or who had a diagnosis of Ischemic Vascular Disease (IVD), and who had documentation of use of aspirin or another antithrombotic during the measurement year

Percentage of patients age 50 to 75 years who had appropriate screening for colorectal cancer (includes colonoscopy  $\leq$  10 years, flexible sigmoidoscopy  $\leq$  5 years, or annual fecal occult blood test)

8

# New Measures

Patients whose first ever HIV diagnosis was made by health center staff between October 1 and September 30 and who were seen for follow up within 90 days of that first ever diagnosis

Patients aged 12 and over who were (1) screened for depression with a standardized tool and (2) had a follow-up plan documented if patients were considered depressed

9

## Framework: The Care Model

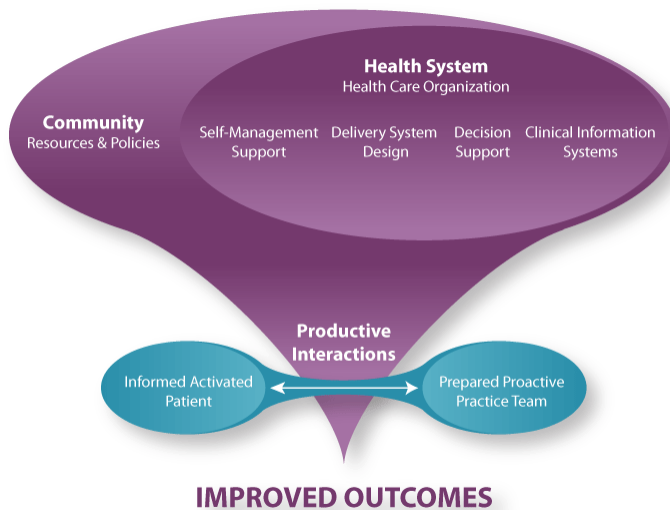
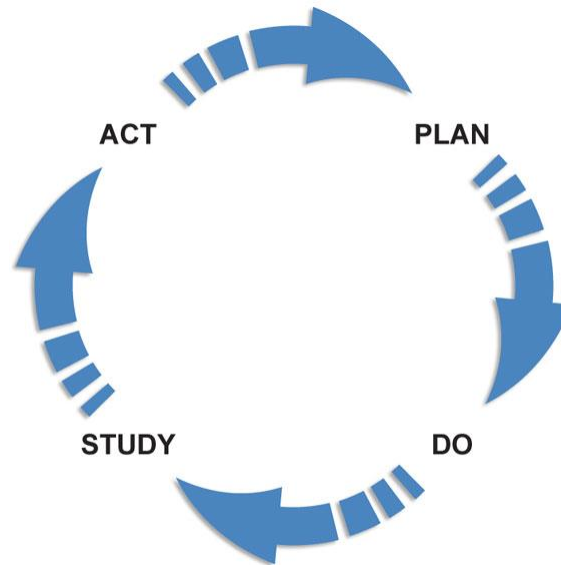


Image source: Community Care of North Carolina

10

## Change Method: PDSA



11

### Maximize Buy-in & Limit Scope

- Input from providers and senior leadership on their top priority from UDS
- Senior leadership commitment
  - Resources
  - Community connections
- Cross departmental team including IT
- Well defined goal with set meeting schedule and timeline
- Early assessment of needs and strengths

12



**Table 6B Sec F - Adult Weight Screening and Follow Up**

SECTION F – ADULT WEIGHT SCREENING AND FOLLOW-UP			
ADULT WEIGHT SCREENING AND FOLLOW-UP	TOTAL PATIENTS AGED 18 AND OLDER (a)	NUMBER CHARTS SAMPLED OR EHR TOTAL (b)	NUMBER OF PATIENTS WITH BMI CHARTED AND FOLLOW-UP PLAN DOCUMENTED AS APPROPRIATE (c)
13 MEASURE: Patients aged 18 and older with (1) BMI charted <u>and</u> (2) follow-up plan documented <u>if</u> patients are overweight or underweight			

## Step 2: Interpret Measure (In the context of your data / charting system)

BMI Documentation	<p>BMI is calculated for patients in NextGen when height and weight are documented.</p> <p>The BMI used for the numerator of this report is that which was captured at the last (most recent) encounter during the reporting period, or in the six (6) months preceding that visit.</p> <p>There is an inherent assumption that patients are seen in an environment where vitals equipment is present.</p>
SM Goal Documentation	<p>Self Management Goals regarding weight management that are documented in the EHR qualify a patient for the numerator of this measure.</p> <p>SM Goals that contain one or more of the following keywords will be picked up as satisfying the numerator.</p> <p><code>%weight%</code>    <code>%tortilla%</code>    <code>%bike%</code>  <code>%diet%</code>    <code>%salad%</code>    <code>%treadmill%</code>  <code>%exercise%</code>    <code>%activity%</code>    <code>%meal%</code>  <code>%exercising%</code>    <code>% eat %</code>    <code>%leaner%</code>  <code>%exercize%</code>    <code>%gym%</code>    <code>%meat%</code>  <code>%walk%</code>    <code>%aerobics%</code>    <code>%carb%</code></p> <p>The "%" is a wildcard character, meaning the text between will be found anywhere in the Goal.</p> <p>In addition, using the SM Goal category "Weight Management" will qualify the SM Goal for the numerator.</p> <p>The SM Goal must have a goal date that is after 6 months prior to the most recent encounter. For instance, if a patient's most recent encounter during the reporting period is September 15, the SM Goal must be dated on or after March 15 of that year. See screenshots below.</p>
Exclusions: pregnant and terminally-ill patients	Pregnancy is determined as having an OB visit in the last 90 days.

15

## Step 3: Map Pertinent Workflows (Use to create training documents for recommended workflows)

Test  Unobtainable:  Patient Refused:

**ALERTS:**  
 Diabetic

Measured Date: 01/16/2013 Time: 3:08 PM Measured By: Tom Oakes

Height: 6 ft 1 in    Weight: 221 lb

Temperature:    Blood Pressure:    Pulse:    Respiration:    Neck Circum:    Waist Circum:    Hip Circum:    FIO<sub>2</sub>:    Peak Flow:

Context:    Position:    Site:    Method:    Cuff Size:    Pulse Ox:    Delivery Method:    Method:

**BMI is calculated when height and weight are entered.**

BMI: 29.15 kg/m<sup>2</sup> PATIENT IS OVERWEIGHT

BSA:    m<sup>2</sup> Calculate

Standard to Metric    Metric to Standard

1 2 3  
4 5 6  
7 8 9  
0 . CL  
NEXT

BMI Obesity Reminder

16



# Step 3 (cont.)

(Re-train staff on workflows)

**Self-management Goal**

Goal Date	Staff Name	Goal	Readiness	Barriers	Goal Progress	Categories
01/18/2013	Tom Oakes	start exercising 3x per week	action	I love jumping		Weight management

Goal dated in the 6 months prior to the most recent in encounter, or later

Goal Category selected from list

SM Goal Category: Anxiety, Asthma, Depression, Diabetes, Hypertension, Other, **Weight management**

Buttons: Save Goal, OK, Cancel

17

# Step 4: Point of Care Clinical Reminders

(One of most important tools for clinical quality improvement – if built correctly)

**Clinical Reminder Manager**

**BMI Abnormal**

Due Date: 09/28/2013 Status: [ ]

Action for this reminder: [ ]

Reminder Guidance: An abnormal BMI is over 25 for adults up to 65 and over 30 after age 65. This is a reminder to address the patients weight either through a self management goal or diagnostic plan.

Select Action To Complete Reminder:

- Set self management goal
- Behavioral health at end of visit
- Defer to next appointment
- Exclude from BMI Abnormal

History of reminder: BMI Abnormal

Date	Action	Provider
02/06/2014		
09/28/2013		

Current Reminders - select row to address: View Reminders Due: Today = 02/06/2014

Reminder Name	Status	Action	Due Date	Address By	Provider
BMI Abnormal			02/06/2014		
Case Management			02/06/2014		
PAP			02/06/2014		
Pneumovax			02/06/2014		
Self Management Goal			09/28/2013		

Buttons: OK, Cancel

18

# Step 5: Population Report

(Used for case management and verification of report accuracy)

Patient	DOB	Person #	Age	BMI	Normal BMI	SM Goal
			32	27	No	Yes
			33	26	No	No
			66	26	Yes	No
			61	37	No	Yes
			55	36	No	Yes
			45	25	No	No
			51	25	No	No
			45	28	No	Yes
			29	37	No	Yes
			63	34	No	No

Summary For: **Dethlefs MD, Henry J**

Abnormal BMI with Followup Plan	275
Normal BMI Under 65 Years of age	38
Normal BMI 65 and Over	18
Numerator	331
Denominator	416
	80%

Measure PCP Definitions:  
 Visits going back 2 years  
 Includes OB visits  
 Excludes Behavioral Health visits  
 Excludes Acute visits

19

# Step 6: Audit Reports

(Used to identify bad data and issues with templates or workflows leading to it)

UDS Audit - BMI < 10 or BMI > 200

OneWorld Community Health Centers Inc

Those with bmi < 10 or > 200.

Period Starting: 1/1/2014  
 Period Ending: 1/31/2014  
 Patient Total: 16

Patient Name	DOB	Person #	BMI	weight_lb	height_ft	height_in
			0.00	175	0	6625
			1.47	73	0	187
			2.70	14	4	12
			4.11	163	0	167
			6.53	16	3	6
			6.58	34	5	0
			7.44	30	4	5
			7.68	157	5	60
			8.38	134	4	58
			8.50	27	3	11
			8.93	4	1	6
			9.74	5	1	7
			211.55	623	3	10
			293.72	1820	0	66
			1,489.67	58	0	5
			3,930.01	195	0	6

20

## Step 7: Provider Report Card

(Use transparency to leverage desire to perform well)

UDS - Adult Weight Screening Follow-up		OneWorld Community Health Centers Inc Data from 01/01/2013 to 12/31/2013	
Denominator is all patients age 18 or older during the measurement year and: 1. Had at least one medical visit during the measurement year 2. In an environment which had equipment present to measure weight and height 3. Were ever seen after their 18th birthday			
Numerator is patients with Normal BMI, OR abnormal BMI (>=25 for patients under 65; >=30 for patients over 65; or < 18.5) and having a documented followup plan.			
Provider Name	Denominator	Numerator	% of Patients
	4	0	0.0%
	209	95	45.5%
	386	139	36.0%
	61	24	39.3%
	16	4	25.0%
	20	7	35.0%
	19	8	42.1%
	636	315	49.5%
	176	111	63.1%
	167	112	67.1%
	1	1	100.0%
	25	10	40.0%
	144	60	41.7%
	1	1	100.0%
	416	331	79.6%

21

## Step 8: Evaluate Process

- Compare your baseline to final and benchmark this against others (UDS, Healthy People 2020 etc)
- Document lessons learned
- Identify building blocks that will help with other clinical measures
- Close communication loops with staff, providers, and senior leadership
- Evaluate adequacy of reporting infrastructure

22

# Build a Quality Program Measure by Measure

Monthly Provider Performance Review

If performance is favorable to the target, color the box green. If it is not favorable to the target, color the box red.

Provider X	Current Numerator and Denominator		Month by Month Progression												num	den	Year End		
	Measurements	2013 Target	Numerator	Denominator	2013														
					May	June	July	August	September	October	November	December							
<b>All</b>	Productivity Current Year - All Locations	1588			637	806	NR	1222	1336	1479	1334	1439							
	Productivity - Current Month - All Locations	132			123	169	204	114	114	150	122	105							
	Clinical Summaries Past Three Months	50%	153	242	81%	82%	41%	48%	64%	71%	64%	63%	1028	1969	52%				
<b>Immunization</b>	Childhood Immunizations Past 12 Months	80%	18	18	100%	100%	100%	100%	100%	100%	100%	100%	149	149	100%				
	Missed Immunizations Current Month	5%	0	1	0%	0%	0%	NR	0%	NR	0%	0%	0	8	0%				
	Asthma Severity Past 12 Months	78%	20	20	100%	87%	92%	100%	100%	100%	100%	100%	165	171	96%				
	Asthma on ICS Past 12 Months	96%	5	5	100%	100%	100%	83%	100%	100%	100%	100%	50	51	98%				
<b>Well-Child</b>	Peds Weight Assessment Past 12 Months	65%	103	135	72%	72%	73%	73%	77%	76%	75%	76%	778	1047	74%				
	Peds Diet and Exercise Current Month	45%	7	11	59%	71%	81%	82%	71%	79%	90%	64%	112	148	76%				
	Adult Weight Follow-Up Past 12 Months	45%	230	344	55%	60%	88%	60%	62%	65%	65%	67%	1740	2808	62%				
	Adult Weight Self-Management Goal Current Month	18%	12	14	69%	57%	42%	69%	53%	88%	82%	86%	106	165	64%				
<b>Tobacco</b>	Tobacco Cessation Past 12 Months	75%	28	36	80%	79%	80%	75%	76%	76%	74%	78%	348	454	77%				
	Addressed Smoking Current Month	50%	1	2	100%	100%	60%	100%	71%	60%	0%	50%	25	34	74%				
<b>Heart</b>	LDL for CAD Past 12 Months	82%	3	3	100%	100%	100%	67%	100%	100%	100%	100%	16	17	94%				
	Aspirin for IVD Past 12 Months	80%	21	23	90%	90%	90%	91%	91%	91%	95%	91%	159	174	91%				
	HTN < 140/90 Past 12 Months	76%	78	90	80%	79%	82%	83%	82%	94%	82%	87%	628	753	83%				
<b>Cancer</b>	Colorectal Cancer Screening Past 12 Months	38%	82	140	66%	69%	66%	67%	68%	66%	69%	68%	659	975	68%				
	FOBT Ordered Current Month	39%	6	7	50%	43%	86%	100%	33%	67%	83%	86%	30	44	68%				
	Pap Within 3 Years Past 12 Months	67%	121	159	75%	78%	75%	79%	79%	81%	76%	76%	1031	1344	77%				
<b>Diabetes</b>	DM HbA1C < 9 Past 12 Months	87%	68	74	84%	86%	87%	87%	85%	84%	91%	92%	523	601	87%				
	DM LDL Screening Past 12 Months	75%	63	86	86%	86%	84%	83%	81%	80%	77%	73%	562	690	81%				
	DM HbA1C completed last 6 Months	87%	70	86	91%	90%	86%	80%	80%	83%	80%	81%	578	690	84%				
	DM Eye Exam Past 12 Months	40%	59	86	68%	65%	60%	57%	64%	64%	64%	69%	441	690	64%				
	DM Hypertension Controlled Past 12 Months	76%	59	86	63%	62%	60%	61%	73%	78%	72%	69%	463	690	67%				
	DM Microalbumin Past 12 Months	69%	64	86	71%	74%	73%	72%	76%	77%	79%	74%	515	690	75%				
	DM LEAP Past 12 Months	68%	55	86	77%	77%	72%	69%	64%	60%	62%	64%	470	690	68%				

23

## Health Center Controlled Networks

- In the EHR world opportunities for improvement have grown
- Leveraging these opportunities is complex and requires a close collaboration between clinicians, senior leadership, and HIT staff
- This collaboration requires a substantial investment in HIT infrastructure
- The magnitude of investment requires leveraging the pooled resources of networks

24

Register at [www.migrantclinician.org/webinars](http://www.migrantclinician.org/webinars)

**MCN** webinars  
by MIGRANT CLINICIANS NETWORK



## Essential Clinical Issues in Migration Health

6 part webinar series

### Up Next:

- 1 March 19  
STRUCTURAL COMPETENCIES IN MIGRATION HEALTH
- 2 April 2  
A MEANINGFUL APPROACH TO CLINICAL QUALITY IMPROVEMENT
- 3 April 23  
**TEN TIPS FOR CLINICAL OPERATIONAL REVIEWS**
- 4 May 14  
HEALTH CARE FOR MIGRANT WOMEN: TAKING IT TO THE NEXT LEVEL
- 5 June 5  
ESSENTIAL STRATEGIES TO EFFECTIVELY ADDRESS DIABETES PREVENTION WITH VULNERABLE POPULATIONS
- 6 June 25  
INTEGRATING ORAL HEALTH INTO THE PATIENT-CENTERED HEALTH HOME



## Essential Clinical Issues in Migration Health

6 part webinar series

**MCN** webinars  
by MIGRANT CLINICIANS NETWORK

Please take the Participant Evaluation

<http://www.migrantclinician.org/survey/fillsurvey.php?sid=122>

Thank You!